

Community Group Questions

November 19, 2017

Ephesians 6

4:1 – “I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called.”

4:22-24 – “put off your old self,^[1] which belongs to your former manner of life and is corrupt through deceitful desires,²³ and to be renewed in the spirit of your minds,²⁴ and to put on the new self, created after the likeness of God in true righteousness and holiness.”

The fight against taking off the old self and putting on the new self- was seen in Ephesians 6:10-18.

[10] Finally, be strong in the Lord and in the strength of his might. [11] Put on the whole armor of God, that you may be able to stand against the schemes of the devil. [12] For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

[13] Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. [14] Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, [15] and, as shoes for your feet, having put on the readiness given by the gospel of peace. [16] In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; [17] and take the helmet of salvation, and the sword of the Spirit, which is the word of God, [18] praying at all times in the Spirit, with all prayer and supplication.

Six thoughts from Ephesians 6

1. Belt of truth – know what is true.
 2. Breastplate of righteousness – understand you have a right standing before God, no matter your past or future sin.
 3. Shoes – your faith needs to be in action.
 4. Shield of God – faith will guard your heart and mind against attacks of doubt and disbelief.
 5. Helmet of salvation – no matter how hard your new life in Christ is- you have a future with God in Heaven.
 6. Sword of the Spirit which is the Word of God – your source for truth isn't in the newest majority of the hour, it's in the book that's proven true again and again and again.
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1. Knowing yourself- what are some of the specific characteristics that make *your* old self? What were some of the contributing factors that shaped your old self? This exercise will make us feel vulnerable, so be gracious and patient with each other as you are processing together.
 2. What are some of the specific characteristic that make us your new self? What are you called to with your specific gifts, personality and talents? What are things that keep you from putting on your new self?
 3. What were your biggest takeaways from the entire Ephesian series? Why did those takeaways specifically impact you?
 4. In the Spirit of Thanksgiving what are you most thankful for.