

# Community Group Questions

January 21, 2018

Luke 8:22-25 – “Real Rest in a Restless World”

## Read Luke 8:22-25

Mike's observations:

- Life is made of many big choices
  - Ex: marriage, where you live, kids,
  - But what you do with Jesus impacts all other decisions
- A great life is made from many small decisions
  - believing on Jesus for your rightness with God, reading the Bible, praying, walking in the Spirit and doing the next right thing, abiding in Christ
- Storms of life sometimes come out of nowhere
  - Life Storm Ex: health, relational, financial, occupational, parenting
  - Can be cause of fear, anxiety, & concern

## Application:

- Life's storms are an exercise in faith
  - opportunity to trust and believe God can keep you safe even in life's storms
- Your ability to rest in the storm is based on your trust in Jesus
- In the storm cast your cares on God in prayer for He cares for you! (I Peter 5:7)

## Discussion Questions:

1. What storm are you in right now?
2. Do you believe Jesus is able to save you from your sins and give you peace? If not, what is keeping you from believing?
3. Read Romans 8. If already believe Jesus saves you from your sins and makes you right with God do you:
  - Believe and live as if you are under no condemnation? (v 1)
  - Believe you are freed from the power of sin? (v 2)
  - Allow the Holy Spirit to control your mind (leading to life & peace)? (v 6)
  - Believe the Holy Spirit lives in you and live in light of this truth? (v 9-11)
  - Believe and live as if you are an adopted child of God? (v 14-25)
  - Believe God will work out all things for your good? (v 28)
  - Believe you have God's glory? (v 30)
  - Believe God is for you and does not accuse you? (v 31-34)
  - Believe nothing can separate you from God's love? (v 35-36)
  - Believe you have the victory through Christ and He loves you? (v 37-39)

With all these truths in mind is it easier to rest in life's storm?

4. How can you choose to have peace instead of anxiety when storms come?