Community Group questions

11.10.19

Please feel free to use these as a guide for your discussion.

1. What was most impactful from Sunday’s gathering?
2. What is your personal background with practicing fasting? Is fasting something that you have tried before? Is fasting something that is brand new? Is fasting something that you regularly practice?
3. Why do you think that fasting is not something that the church often talks about?
4. Did you take on the fasting challenge this week? (fast a meal or two before community group?) Tell us about your personal experience – did it intensify your longing for Jesus and your dependency on him?
5. A brief look back on the disciplines – since we have been studying a number of different Christian disciplines for the past 5 weeks, how have you put into practice some of the things we have been learning, what differences have you noticed in your life?