

**Food:**

- Pasta
- Sauce
- Mac and cheese
- Peanut butter
- Canned tuna & chicken
- Canned vegetables
- Canned meals - ravioli, beef stew, chili
- Canned fruit
- Canned soup
- Dried rice
- Dried beans
- Cereal
- Cooking oil
- Masa
- Flour
- Shelf-stable milk

**Hygiene items:**

- Laundry soap
- Hand soap
- Full size shampoo & conditioner
- Bar soap
- Toilet paper
- Diapers - all sizes
- Wipes
- Dish soap
- Sponges
- Clorox wipes
- Feminine hygiene products

**Other:**

- Gas cards
- Laundry cards
- Gift cards to stores (could be used for food, medicine, other specific needs)