

Questions for Matthew 5:27-30

Lust and Adultery

- Feel the freedom to divide this discussion at any point into a men's only and women's only group.

Warm Up

- 1) Describe your first romantic heartbreak.

Explore

- 2) Read Matthew 5:27-30. Going along with the theme of this portion of Jesus' message, how is this describing the best way to live life?
- 3) Josh mentioned a quote from last week's message that said, "The follower of Jesus must recognize their own sinfulness, so they can love other sinners." How does this apply to the topic Jesus is addressing here?
- 4) Why and how does lustful looking and thinking lead to death? Describe a biblical way to think about sexual desire.
- 5) Jesus uses an attention-grabbing response for our sin to lust. Why does He do this and what is He actually communicating?
- 6) Why is fleeing lust instead of trying to fight it the best response? What does that look like in your life these days?

Apply

- 7) Divide your group if you haven't already into men and women circles. Get honest about your challenges to be pure. Pray with each other. Discuss what steps you need to take this week.